

Blood Alcohol Concentration Chart for Females

(% of Alcohol in bloodstream for weight (lbs) and number of drinks)

(1 drink = 12 oz Beer, 4 oz Wine, or 1 oz Hard Liquor)

Number of Drinks Consumed per Hour

	1	2	3	4	5	6	7	8	9	10	11	12
90 lbs	.053	.106	.159	.212	.265	.318	.371	.424	.477	.530	.583	.636
100 lbs	.047	.094	.141	.188	.235	.282	.329	.376	.423	.470	.517	.564
110 lbs	.042	.084	.126	.168	.210	.252	.294	.336	.378	.420	.462	.504
120 lbs	.038	.076	.114	.152	.190	.228	.266	.304	.342	.380	.418	.456
130 lbs	.036	.072	.108	.144	.180	.216	.252	.288	.324	.360	.396	.432
140 lbs	.033	.066	.099	.132	.165	.198	.231	.264	.297	.330	.363	.396
150 lbs	.031	.062	.093	.124	.155	.186	.217	.248	.279	.310	.341	.372
160 lbs	.028	.056	.084	.112	.140	.168	.196	.224	.252	.280	.308	.336
170 lbs	.027	.054	.081	.108	.135	.162	.189	.216	.243	.270	.297	.324
180 lbs	.026	.052	.078	.104	.130	.156	.182	.208	.234	.260	.286	.312
190 lbs	.025	.050	.075	.100	.125	.150	.175	.200	.225	.250	.275	.300
200 lbs	.023	.046	.069	.092	.115	.138	.161	.184	.207	.230	.253	.276
210 lbs	.022	.044	.066	.088	.110	.132	.154	.176	.198	.220	.242	.264

Subtract from this the amount of alcohol 'Burned Up' during the time elapsed from your first drink.

Hours since 1st Drink	1	2	3	4	5	6
Subtract	.015	.030	.045	.060	.075	.090

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 WWW.ATHENLAW.COM
 443-324-5289